

3 NEW JUNIOR WORLD RECORDS TO CIKAMATANA

Eileen Cikamatana four weeks ago established her first junior World Record in Lima, Peru, competing in the 87kg category. Four weeks later competing this time in the 81kg category in Tianjin, China at the IWF World Cup on December 12th, she established three more junior World Records.

Her first attempt in the clean & jerk of 146kg was 1kg over the junior world record. Thereafter she clean & jerked 150kg to push the junior world record further by 4kg. In the process she also broke the total record of 260kg – previous record being 259kg. She was unlucky not to break the junior world record in the snatch of 119kg – which she narrowly missed.



World junior record 150kg clean & jerk



World Cup winner



How close was she to another world record?

Eileen so far has set four junior World Records, becoming the first weightlifter in the Oceania region to hold more than one. Only three lifters in the history of Oceania, have broken world records before Eileen. **The first** goes back to 1969 when George Vasil from Australia, set a world Junior record in the press in the 52kg category with 97.5kg. **The second** was Nicu Vlad, lifting for Australia at the 1993 World Championships in Melbourne, where he set a new world senior record of 190kg snatch in the 100kg category. **The third** was in 1997 during the Junior World Championships in Capetown, South Africa, where Olivia Baker from New Zealand set a new junior world record in the clean & jerk of 115.5kg in the +83kg category.

2019 concludes Eileen's competitions as a junior. It is a pity that she missed out at the 2018 and 2019 World Junior Championships which she would have won quite easily.



Jubilation as Eileen establishes new junior World Record - 150kg clean & jerk.



Don Opeloge 96kg category – Samoa

Another brilliant performance was set up at the World Cup in China by Don Opeloge from Samoa. He established a new Oceania and Commonwealth Junior and Senior Record in the clean & jerk with a lift of 202kg in the 96kg category placing him 6th overall with 357kg total.

Other lifters from our region competing were from New Zealand, Megan Signal in the 71kg category. She snatched 89kg, clean & jerk 116kg for a total of 205kg placing 5th overall. Cameron McTaggart from New Zealand competing in the 81kg category placed 6th with 136kg snatch and 164kg clean & jerk giving him a total of 300kg.

Marshall Islands had Bob Kabuati competing also in the 81kg category placed 7th with a total of 285kg. Snatching 130kg and a clean & jerk 155kg. In the 89kg category young Timothy Vakuruivalu from Fiji did a total of 245kg, snatching 112kg and clean & jerk 133kg placing 4th overall.

Bronze Medal to Kanah Andrews-Nahu

Congratulations to Kanah Andrews- Nahu from New Zealand on being elevated to the Bronze Medal position at last years YOUTH Olympic Games held in Buenos Aires in October 2018.

Kanah who had originally placed 4th with an excellent total of 211kg in the +63kg category has now been awarded the bronze medal due to young Supatchanin Khamhaeng from Thailand having returned a positive doping result.

This is a great achievement for young Kanah. She has a huge international future ahead of her. Kanah is coached by Richard Patterson, the 2014 Commonwealth Games Gold Medallist. Congratulation to New Zealand Weightlifting.



Ian Laurie International



Mrs Bronwyn Laurie presents the Cup to Lapua Lapua from Tuvalu

Over 50 lifters competed at the 2019 Ian Laurie International tournament held in Melbourne on the 23rd November. Lifters from overseas included Lapua Lapua from Tuvalu, Elson Brechtefeld from Nauru and Tiiu Bakaekiri from Kiribati. The event produced excellent results with Eileen Cikamatana lifting in the 87kg category where she clean & jerked 152kg – which was one kilo over the junior world record. However the record could not be claimed as world records can only be broken at IWF sanctioned events.

The best male lifter of the tournament was Lapua Lapua from Tuvalu in the 81kg category where he totalled 284kg. Whilst the best female lifter went to Eileen Cikananata from Australia and she received the Eric Rosario Memorial Cup. The late Eric Rosario was a strong advocate for Women in Weightlifting.

The 2019 Ian Laurie Cup which is contested by all Phoenix lifters went to Georgie Biss competing in the 109Kg category.

It was fantastic to see some of the legendary lifters Australia has produced attending the event: Robert Kabbas, Ivan Katz, Bob Edmond, Michael Noonan, Mark Blair, Damian Brown, Harvey Goodman, Andrew Forrest, Peter Ikosidekas, Joe Vitacca, Dr Nick Kiss Von Soly, Henry Altman, David Mansour, Chris Duthie, George Stylianou, Martin Leach, Ragu Appudurai, Bill Stellios and many others.

Robert Kabbas, Ivan Katz and Michael Noonan must be congratulated for making this tournament one of the highlights on the Australian calendar. This tournament has been conducted for quite a few years now. Each year it attracts top lifters from within Australia and the Oceania region. The event is held in memory of Ian Laurie who was one of the greatest weightlifters Australia has ever produced.



Left to right: Robert Kabbas, Peter Ikosidekas, Mark Blair, Paul Coffa, Ivan Katz and Joe Vitacca.



Eileen Cikamatana receives the Eric Rosario Cup for female best lifter from Viola and Alois Rosario.



Geordie Biss won the 2019 Ian Laurie Cup contested by all Phoenix lifters.

2019 Pacific Cup International

Some excellent results were seen at the Pacific Cup International held in Mont Dore, New Caledonia on the 7th December. Competing also in this Pacific Cup were the OTIP students who had been attending a training camp. There were some extraordinary performances including Laurel Hubbard from New Zealand who snatched 132kg.

The 18 year old lifter from Nauru, Ezekiel Moses did 286kg total (126kg snatch, 160kg jerk) in the 73kg category. Also young 17 year old lifter Maximina Uepa from Nauru in the 71kg category totalled 200kg. (87kg snatch & 113kg jerk). Nancy Abouke also from Nauru and only 16 years old lifting in the 64kg category, lifted quite well totalling 186kg.

Lifters from eleven countries participated. Australia, New Caledonia, New Zealand, Niue, Cook Islands, Tuvalu, Vanuatu, Solomon Islands, Papua New Guinea, Nauru and Kiribati. The best female lifter went to Jenly Wini - 59kg category- from the Solomon Islands whilst the best male lifter went to Morea Baru from Papua New Guinea in the 61kg category.



Laurel Hubbard (NZL) with 132kg snatch



Ezekiel Moses (NRU) with 126kg snatch

Technical Seminar during the Pacific Cup



Phil Maunder from Australia running the Technical seminar.

Phil Maunder from Australia, OWF Executive Board Member, conducted a very successful technical seminar on the 6th December.

Participants came from New Caledonia, Niue, Papua New Guinea, Tuvalu, Solomon Islands, Nauru, New Zealand, Kiribati, and Northern Marianas.

As a bonus, some of the participants who attended the seminar were able to shadow the Technical Officials the following day in the Pacific Cup.

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Coaching Clinic and Technical Seminar in Tuvalu



Erin Haff presently in Tuvalu running a coaching seminar.

A coaching clinic is presently being conducted on the island of Funafuti in Tuvalu by Erin Haff from Australia.

Also a Technical Seminar is being conducted by Garry Marshall from New Zealand.

It is very important that these seminars are a regular feature in the further education of club coaching and advancement of technical personnel in this very vast area of Oceania.

Kiribati Weightlifting Federation

112 lifters and officials attended the general Meeting to elect the new office bearers of Kiribati Weightlifting. The new President elected is Tevii Turiano. The first vice President is Tatieta Kannangaki, the new Secretary General is David Katoatu, the Assistant Secretary is Atantaake Bureka. The treasurer is Tenoa Betene, The OWF congratulates the new incoming committee and wishes them a very successful term of office.

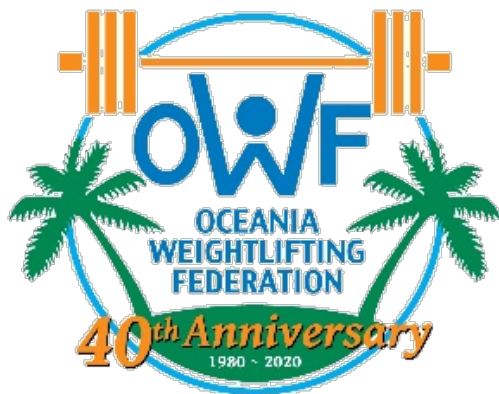


The Kiribati Weightlifting General meeting held in Tarawa on November 23rd 2019

2020 OCEANIA & COMMONWEALTH CHAMPIONSHIPS

All relevant information, that is preliminary entries, final entries, visa application, transport, accommodation and information bulletin as well as invitation letter by the Hon. Marcus Stephen MP, President of the Nauru Weightlifting Federation have been sent to all member countries of the Oceania and Commonwealth.

Please note that the deadline for preliminary entries is the 20th January with the final entry deadline being the 20th February. Also please note that only lifters from the Preliminary Entries can be entered in the Final Entry. No extra lifters can be added. Please ensure that your lifters are compliant with the WADA whereabouts. This is mandatory.



SOME PHOTOS FROM THE PACIFIC CUP INTERNATIONAL.



Patrick Sefo-Cloughley (NZL)



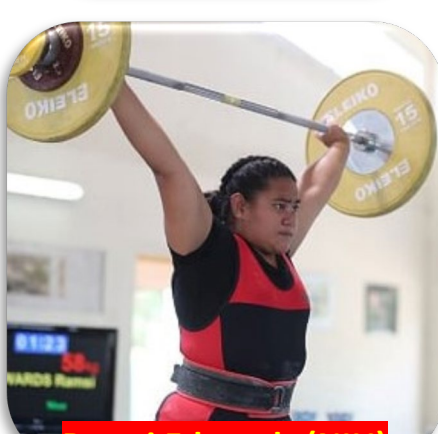
Kyle Michel (NCL)



Faith Dent (NZL)



Merean Atantaake (KIR)



Ramsi Edwards (NIU)



Marcincy Cook (NRU)



Phoenix Goodwin (AUS)



Barbara Dipayen (NCL)



Jessica Idjan (NCL)



Morea Baru (PNG)



Kalemonio Taalo (W&F)



Jaylyn Mala (SOL)



Robinson Wotlolen (VAN)



Orion Walsh (AUS)



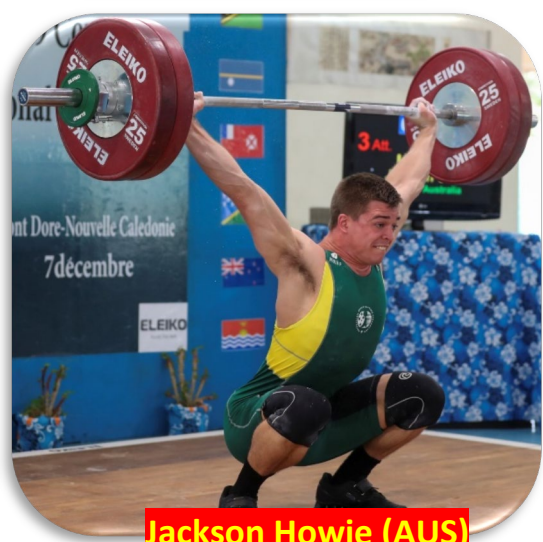
Maximina Uepa (NRU)



Lapua Lapua (TUV)



Jenly Wini (SOL)



Jackson Howie (AUS)



Quentin Mattei (NCL)



Uea Detudamo (NRU)



Tiiu Bakaekiri (KIR)



Larko Doguape (NRU)



Conor MacDonald (AUS)



Nuku Mokoroa (COK)



**THE OWF WISHES EVERYONE
A VERY HAPPY FESTIVAL
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